



Coaching Program 2019-2020

College Elite Players

For players currently on golf scholarships at university/college in the USA.

COACHING TEAM.

Head Coach - David Silva

Assistant Coach – Niklas Dahlgren

Mental coaching – Panu Kuhlberg

The program offers coaching to players on golf scholarships abroad. College players attend training in Finland whenever they are back in Finland within the amateur elite program, can attend all winter and spring training camps abroad, integrate video and on-line coaching and summer tournament training.

SGA COLLEGE PLAYER PRIMARY OBJECTIVE.

Intensive and innovative college golfer development program focused on offering USA College based players, continuous and top-level technical coaching, competition, group and on-line training, so that college players continue to acquire the necessary skills to keep improving whilst at college playing golf and studying, develop a competitive mentality and discipline that enable them to have a chance of success in elite amateur, college and even pro golf in the future.

Just attending the program or a college is no guarantee of success – player dedication, determination, skill and desire to complete the program, own practice, play and tournament volumes are crucial – SGA College program has proved that these 4 years of growth and development are possible and necessary.

A. Program Details. 1st Nov. 2019 to 30th Sep. 2020 - 11 Months, 6 cycles.

- Autumn/Winter Training: Nov. & Dec. 2019 via on-line/video and then at Season Golf when in Finland in Cycle 1.
- Winter/Spring Training - Jan. to May 2020 – Cycles 2, 3 & 4 – online/video coaching
- Players can also attend SGA Training camps abroad at own cost.
- Summer Training: May/June – August 2020 at partner golf clubs – Cycles 5 & 6.
- Summer Coaching Volumes: Group coaching of minimum 12 hrs/month x 4 months – Practice, play and competition.
- Coach observation/work to minimum 5 National tournament
- Specialist training – mental, short game & putting

B. DETAILS & SERVICES.

- Advanced ball striking, technique, high level guidance and advice with Head Coach and Assistant Coach.
- Possibility to apply for St. Laurence Golf membership
- Strategy, course management, tournament preparation, analysis & accompaniment.
- Trackman analysis, swing video analysis, SAM putting lab and reporting.
- Short Game - Chipping, putting, wedge & bunker play.
- Own practice time and on-course play required – minimums established/cycle.
- Season Golf unlimited ball card for own practice
- Practice and play with SGA Tour Professional players when possible.
- Stroke Average.com – Data and performance recording system.
- DDP Templates – Dedicated Direct Practice monthly templates personalized for each player daily, weekly and monthly practice program with drills, exercises and volumes
- Possibility to video analysis and feedback
- Possibility of Head Coach visitation to the players college in the USA (not included in the program fee) – dependent on coach agenda and college coach availability.
- Report and meet with parents and player during the program.
- Career Support & Guidance –Analyze options to turn professional with smooth changeover, support, sponsorship and management service and guidance.